

AFMG Education

USEFUL TIPS

1. Luggage

- Big suitcase -1, Small cabin luggage -1
- Small pouch for documents and passport-1

2. Important Documents

- Passport (original)
- Air ticket
- Copy of the visa
- Mark sheet as well as certificates of 10th, 12th class
- Birth certificate
- Admission letter
- 30 colour photographs of 3.5 cm size.
- HIV report, Medical fitness certificate
- Exchanged currency (200-400 US\$) & Fees if not deposited in India

3. Personal Care Items

- Soap, deodorant, shampoo/conditioner, feminine products, Hair oil-small Quantities
- Comb/Brush, Razor, Nail cutter, Tooth brush, Tooth paste, small sewing kit
- Bath towel-2, Hand Towel-1, Handkerchief 5-6
- Vitamins, these really help during the long winters.
- First Aid/medicine - carry any needed prescription & stomach infection medicines because it will take a few days in getting used to new food, environment and get over the dehydration that comes with international travel.

4. Clothing

- Carry clothes suitable for climate of the country you are going to.
- 2 or 3 pairs of Jeans & T shirts or other causals. Dark colors are recommended.
- One - Two Formal dresses can be woolen if going to a cold country
- Sweaters-3-4, sweat shirts 3-4 if going to a cold country
- At least 3-4 pair thermal (100% woolen) nice wear for cold countries.
- Comfortable walking shoes -1 pair
- Winter's boots** (with good traction insulated hiking boots are great even for city use)
- Socks 3-5 pairs (woolen for cold countries)
- Winter coat, gloves, cap, scarf etc.**
- Additional winter wear**
- Other personal things, nightwear & undergarments etc

Blankets, pillow covers and bed sheets NEED Not be taken. The Hostels will provide them.

***Should be purchased locally at the foreign country*

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5. Utensils (Optional)

Plates, Bowls, Spoons, Glass vessels, Pressure cooker, Spoons (different sizes), Tava or Frying pan (utensils are optional may be required if student wants to cook own food, however, guidelines will be provided at the time of leaving India).

6. Other essentials

- One laptop
- Notebooks, pens, pencils, other stationery material – small quantities
- Electric Iron & Electric kettle
- Alarm clock
- College bag, Umbrella, Rain coat

7. Groceries (optional)

- Spices: Salt, Chili powder, Turmeric powder, Garam masala powder, Sambar powder, Chicken masala, Mutton masala, Biryani masala, Pickles, Tamarind paste etc as per choice
- Ready to eat recipes can be taken like Maggie noodles etc
- Namkeen, Dry fruits, Papad etc.

Notes:

- We recommend carrying the above products not because these are impossible to get abroad but because after the flight they are simply nice to have with you. So, don't stockpile them, just bring enough to last you a couple of weeks while you get settled.
- All medicines available abroad may be with different names, university medical desk/doctor can be very helpful for this purpose. However, carry a stock of regular & preventive medicines sufficient for couple of weeks. Also ensure to carry original prescription of your regular medication & related test reports if any.
- Quantities mentioned above are indicative only, pls use your discretion for right numbers you want to carry, search on Google helps and our consultants can also guide you.

SINCE 2004

Providing Quality Education